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Upcoming Events

Floral Friday -
last Friday of each Month

MAY

25-27	Yr6 Leadership Camp
26	National Sorry Day
27	Floral Friday
28	Crowning of Mary (Hammond)
30	Crowning of Mary (Thursday Island)

JUNE

2	Feast of the Sacred Heart
3	Mabo Day
5	OLSH Family Mass
20	Athletics Carnival
24	Floral Friday
25	Last Day of Term 2

JULY

11	1st Day of Term 3
25-29	Catholic Education Week

Please Note: All event
dates or times may change



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Normanby Street, PO Box 544
Thursday Island, 4875
Phone: (07) 4069 2203
Fax (07) 4069 1645
secretary.ti@cns.catholic.edu.au

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PO BOX 544
Thursday Island, 4875
Phone: (07) 4069 2955
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Term 2 Week 6

Friday 20th May 2016

Dear Families,

Welcome to the end of Week 6.

Next week is an exciting week for our senior students as they participate in their leadership programme for 2016. We are very fortunate to have Luke McKenna and Hogan Rogers with us for the week and would like to share their expertise and knowledge with the wider community.



On Monday, we are offering two sessions for parents who are interested in learning about developing positive mindsets with your children so they can develop a better frame of mind for the challenges of learning, using many keys for success.

We are offering the session twice throughout the day: 1:45PM – 3:00PM and 5:00PM -6:15PM. The session is repeated to enable as many parents as possible to hear the information.

If you are coming from work, please feel free to drop in to the school as close to 5:00PM as you can. These parent sessions are appropriate for parents of all aged children. If you know of someone in the community who you think would be interested, please feel free to invite them along as well.

The Year 5 and 6 students will be participating in a leadership day on Tuesday followed by Year 6 students leaving for camp on Wednesday morning. We wish them a great time while they are away with safe travels and many memory making moments to share with everyone on their return.

If parents of Year 5 and 6 students would like to come along to the parent sessions to hear some of the things that your children will be learning about, this is a great opportunity.

On Wednesday of this week, Emma Lovell and myself attended the final day of a Diocesan learning approach on Visible learning. This is an important aspect of our learning journey where we learn strategies to promote more effective learning environments where feedback and learning conversations are encouraged and children develop skills in articulating what they are learning, why they are learning and what their next step along the learning is to demonstrate growth.

This is just at the early stages in our school and across the diocese, however we are very excited about the process as it will enable our students to be more active participants in their learning and have a greater understanding of the purpose of their learning.

Hearing the student voice provides a significant level of feedback for our strategic planning. I would like to congratulate the Student Representative Council on their maturity and level of responsibility demonstrated at the first two meetings. I look forward to hearing their ideas and the students in their classes thoughts on the five main areas we are working through in our workshops.

Take care and have a great fortnight.

Sharon County - Principal

APRE NEWS

On Sunday the 15th we celebrated the Feast of Pentecost. Pentecost, meaning the “fiftieth day” is celebrated seven weeks (50days) after Easter Sunday, Pentecost Sunday.

Pentecost is a commemoration and a celebration of Jesus disciples’ first encounter with the Holy Spirit. The disciples were a group of ordinary people who worked closely with Jesus, who he sent out to preach and teach and sometimes even heal people. At the time of Jesus’ Ascension, he told his disciples to wait in Jerusalem where they would receive special gifts from God. What happened to them at Pentecost was a clear sign that Jesus was still with them ‘in spirit’ and that the Holy Spirit would be with them as they carried on the work he had begun.

This feast of Pentecost, as old as the Christian faith itself, draws us closer to God through the power of the Holy Spirit. We are guided by the Holy Spirit just as the first leaders of our church were so long ago, to love, forgive and believe; to grow to be more Christ-like in our thoughts and words.

We have the Feast of Our Lady Help of Christians on May 24th and as Patroness of Australia we will be gathering in the church for a short prayer and reflection at 9am. Families and friends are welcome to join us.

Due to unforeseen circumstances we have altered the date on which we will celebrate Our Lady of the Sacred Heart Feast Day. We will combine the Crowning of Mary on Thursday Island and the Feast Day on May the 30th. An invitation and outline of the day will be sent out next week.

“All for Jesus”

Kendall Jones
APRE



Year 5/6 News

Hello parents, staff and members of the OLSH community, my name is Steven Murador and I am from James Cook University in Townsville. Before my first time to Thursday Island I spent four weeks volunteering at a small school in Siem Reap, Cambodia. My role as a volunteer was teaching students the importance of hygiene, English and also, helping the Cambodian teachers develop their teaching skills to teach more effectively. This was quite challenging as the school did not have many resources or even electricity. My time spent in Cambodia has made me develop life-long skills that I will apply to my teaching career. I have returned back to Thursday Island to complete my final phase of placement before I begin my career as a primary school teacher. During this final phase of placement, I will be teaching Mr Wagner’s year 5/6 students for the next 5 weeks. I am also very excited to be attending the year 6 camp to Seisia next week, as I have never been to the top of the mainland before.



I’d also like to take the opportunity to thank Mrs County and all of OLSH staff for making me feel a part of the school community and guiding me towards becoming a successful teacher.



I’m looking forward to seeing you all over the next 5 weeks.

Steven Murador – Trainee Teacher

NAPLAN Update

Thank you to all the Year 3 & 5 students who have completed their NAPLAN testing.

Thank you also goes to the Prep, Year 1, 2, 4 & 6 Students for supporting the Year 3s & 5s during this time.

NAPLAN results will be available later this year.

Year 2/3 News by Miss Emma Lovell

What another fabulous two weeks we've had in Grade 2/3.

We hope that all Mothers and carers had a great Mother's Day and that you are enjoying sticking our important works on the fridge with your hand-made magnets.

Congratulations to Jaylia, Shauna, Ned, Brendan and Casey who were our Students of the Week over the past two weeks. These students have been demonstrating the SEL attitudes in class to ensure they are making their best efforts.

A BIG congratulations to the Grade 3s who were absolute superstars during the NAPLAN testing week. Students all made their best efforts and as a result the week ran smoothly. A big thank you to the Grade 2s who were flexible with room changes etc. and for providing the Grade 3s with love and support.

Thank you to all the students who have been scientists around their homes finding examples of living and non-living specimens for our FEATHERS, FUR and LEAVES topic. It's been great to analyse specimens as wiggly worms, snake skins and flowers.

We have been having a lot of fun in Numeracy this week learning some new games. If you have a pack of cards at home you might be able to get your children to teach you some games as a family.

Well done team!
Miss Emma

Book Fair

Special Dress Up Day

Friday 27th May

1st & 2nd Prizes:
Hammond
Prep/Year 1
Year 2/Year 3

Get your Friendly Monster Costumes ready for the Dress Up day!



Prep & Year 1 News

Hello everyone!

I can't believe we are already at the end of week 6, this term is flying by!

I would just like to thank all of the prep and year 1 parents for working with your child to bring in family photos, artefacts and special family members to present to the class your family histories and cultures. This week the students have been sharing with their class photos of their families and explaining where they are from, and their individual family histories and cultures. It is so exciting to hear about each student's individual family history as each family is so special and unique.

I would also like to congratulate each student in the class, as I am very excited to announce that all students have moved up at least 1 reading level! I can see that each student has been trying very hard to improve their reading skills, and it is amazing the growth that occurs when we continue to try! In saying this, continue reading with your child every day, encouraging them and praising their hard work because they are doing a wonderful job!

In Religion we have been learning how we can live like Jesus by loving our neighbours. We learnt about the parable of the Good Samaritan, and how this bible story reflects how God wants us to live our lives today and be kind and caring to the people around us. The Preps and Year 1's buddied up to create a story map of the story. They all worked so hard and it was so lovely to see the students working cooperatively as a team.

We are very excited for the Mothers and daughters night on Thursday night. This will be a great opportunity for all of the ladies and girls to socialise together!

Have a great weekend everyone and God Bless.

Miss Sascha



Reminders from the Office

Student Absences

Please contact the office on 4069 2203 to report your child's absence from school.

You can also email the school secretary on secretary.ti@cns.catholic.edu.au or send a notification through the Skoolbag app.

Please advise the school by 9.30am.

School Fees

Term 2 School Fees are now due.

Please come to the office to pay unless you have already made other arrangements.

EFTPOS facilities are available for easier payment of all monies due.

Thank you

Miss Patricia Nakata
OLSH School Secretary



Sign-In Register

When visiting the school during school time, ALL VISITORS including Family and Friends, must come into the office to sign in and sign out when leaving.

This is a safety requirement in case any emergency evacuations occur, all visitors can then be accounted for.

SMS Reminders

OLSH is implementing an SMS Reminder to Parents for student absences. In order to do this, the school will need to have an up-to-date mobile contact number for Parents.

If you do not advise the school office of your child's absence by 9am an SMS reminder will be sent to you.

The reminder will ask you to contact the school office preferably through the Skoolbag App or via phone on 4069 2203. You will need to provide a reason for the absence or a medical certificate from the doctor.

DO NOT REPLY TO THE SMS as it is an automated service that does not take replies.



Tuckshop News

Term 2 Daily Specials

Monday	Ham & Salad Wrap/Roll Chicken & Salad Wrap/Roll	Wednesday	Fried Rice with Chicken Nuggets
Tuesday	Hot Dogs with Grated Carrot & Cheese	Thursday	Lasagne with Salad
		Friday	Hamburgers Pizza Party Pies

Don't forget to write your child's
Name, Class and 1st or 2nd Lunch
Break on their order packet.



Year 4 News



**HOMEWORK
IS DUE EVERY FRIDAY...HAVE A
LOOK AT WHAT YOUR CHILD IS UP
TO IN THEIR HOMEWORK.**

This fortnight we have had fun with;

- Building the new cube shelves for the class-THANKS **PAIKAI** AND **JACOB**!!
- Going to the Mother's Day Liturgy on Hammond Island and making Mother's presents.
- Equivalent fractions, times tables, mental doubling strategies and measurement.
- Attempting to paint like Piet Mondrian in his shape/colour patterns.
- Learning about life in Jesus' times and the world of the text of the New Testament.
- Checking out the book fair in the library.
- Getting ready for our Mother/daughter evening.



Please contact us at the school/email below if you have any further queries,

Helen Osborne & Vamal Shankaran & Miss Tam

hosborne@cns.catholic.edu.au or vshankaran@cns.catholic.edu.au

Pre-Prep News

Hello Parents/Caregivers,

We have been busy since the first week of term 2 with constructions of transport objects. The pre-preps have shown interests in our train set and were wondering if there were other types of transportation people use. Our children have already designed their own school boat, trains and planes. We also have been reading books about transportation. We will continue with exploring other methods of transportation. I hope all children are ready to engage, explore and challenge their skills.



Happy Belated Mother's Day to all of our Pre-Preps mums and akas!! I hope all enjoyed your cards made by the children.

We are fortunate to have a special elder in our community who is willing to teach music, dance and stories to our children every Wednesday who is Aka Lala a past Pre-Prep Teacher. She brings a lot of wisdom and cultural knowledge which the children will be taught for some she may already be your Aka (grandmother), great Aka or great, great aka. You are most welcome to attend these lessons after morning tea.



Our teachers would appreciate any old magazines, National Geographic's, empty ice-cream containers, bottles, lids, small boxes, old materials and other types of assortments for our cutting, collage, construction and dressing up if you are able to donate to our Hammond Island Campus for the early learning learners.



Many thanks,

Mrs Ball & Miss Harriet

School Uniform News

Having the correct uniform shows that you have pride in your school.

It also gives you a sense of belonging to the school family.

Our School Uniform Information Flyer has been handed to each student and spare copies are available from the office.

Uniforms can be purchased from the Tuckshop.





Family Information Night at Hammond



Mother & Daughter Night



Surviving Parenthood.



Most people would agree that having children/working with children is one of the most wonderful experiences that they have had. And yet we struggle sometimes too. Most requests to me are for help with behaviour. So I am sharing some of the key messages that have helped me survive over the years as teacher, mother and counsellor. They align to the ethos behind an 'Authoritative' parenting style and link to those buzz words we currently hear a lot of 'tough love', 'strong minds gentle hearts', 'love and logic' etc.

1. Discipline is different to punishment.

Discipline is more productive in the longer term and focusses on teaching something rather than modifying behaviour. Punishment will bring about a behaviour because of fear of consequences; discipline will teach a behaviour because that behaviour comes to makes sense.

That doesn't mean there won't be consequences – all of our choices have consequences and that's an important lesson. So *'When you lie to me it damages my trust. I know we can get it back because I know that's not the person you want to be, but until we have that trust back between us I don't want you going anywhere after school. I need to know that you're safe and that I can trust you to be where you say you're going to be.'* ... is very different to, *'You lied to me so you're grounded.'*

Taking on a behaviour because it makes sense is vastly different to taking on a behaviour in order to avoid the consequences.

2. For every rule, be clear about the value behind it.

Focus on the value to be taught, rather than the 'wrongness' of the behaviour. Respect/kindness/honesty? Whatever it is, let this shape your response. Let them know why it's important.

For example, if you've just found out that you've been lied to about homework, work out the value this violates. The biggest problem isn't the homework, but the lie – it violates the value of respect, honesty and trust. Explain this and explain why the lie is worse than the behavior it's covering. When you have them on board with the values, they'll create the rules themselves.

3. The better your relationship with your child, the more effective your discipline will be.

Children generally want to make us happy, even if it doesn't always work out that way. You can preserve your relationship by focusing on their behaviour, not on them. Children need to know that even if you're not keen on their behavior, you still think they're great and that you love them no matter what. They'll be quicker to see their wrongdoing and you'll be able to minimise the potential for shame.

4. Separate emotions from behavior.

Empathise with the feeling. Reject the behaviour. What they're feeling might not make sense to you, but to them, it makes perfect sense. The emotion is valid. The way they're expressing it might not be. Children are no different to us – they need to feel heard. If they don't, nothing you say will go in because they'll be too busy trying to figure out how to make you 'get it'.

'I know you're upset that she knocked down your building – I really get that – but you can't throw things at her.' Make them accountable for their behavior, but let them know that you understand how they're feeling.

At the heart of emotional intelligence is being able to identify and respond appropriately to emotions in the self and others.

5. Deal with the emotion first.

Following on from tip no. 4; times of high emotion are not the time for wisdom, lectures, explanations or problem solving. Don't try to make your point then –it will make things worse. Instead, acknowledge the emotion, 'I know you're angry/sad/confused' right now,' then wait until things settle down... It's not a 'time out' in the punishment sense. Give them time/space to calm down. When they've settled, give them reassurance or a cuddle and then talk about the issue. By then, they'll be more ready to hear you.

Surviving Parenting...cont.

6. Don't get emotional yourself.

When you're setting or protecting a boundary, communicate your message as matter-of-factly as you can. This takes strength to pull off but it's important. Stay with the message and don't bring in e.g. irrelevant details, *'Grandma would be very disappointed'*, old details, *'Yesterday you painted your sister and today you're putting her best dress on the dog – what's going on with you?'*. Don't lecture, rant, or threaten to cancel Christmas -unless you actually are going to cancel Christmas!

7. Set rules and priorities wisely.

Children generally want to keep us happy so they'll shape their behaviour around our responses. If you make more of a big deal of messy rooms than you do about them being brave, they will inevitably move towards tidiness being the most important value. Of course, tidiness is an important one but there are others that are more so.

We can't do everything. Neither can they. Some things you just need to let go of. There will be plenty of things that deserve high emotion – doing well at school, being kind, being helpful, being brave – save your high emotion for that and let the smaller things go. Spilling food on the floor never did anyone any harm.

8. Be consistent and set boundaries.

Without limits children have nothing to guide their behaviour. The options become vast and overwhelming. They need to feel like you've set a safety zone and that within that, they're fine. Of course they'll push up against the edges and sometimes they'll move well outside them – that's all part of growing up and stretching their wings but even then, the boundaries will offer some sort of guide. In time, children without limits will become controlling and demanding – and that just doesn't end well for anyone.

And finally...

Be open to the possibility that you may be expecting too much or too little, either for yourself as the 'perfect parent' or for your child, who may never become the 'Impeccable Imogen' or 'Flawless Freddie' in our dreams. Make sure your expectations are realistic and age appropriate and that you factor in that we as parents are learning too 😊

My next visit to OLSH is from Tuesday 7th to Friday 10th June.

There is a wealth of information available online around parenting, including sites such as: <http://raisingchildren.net.au/> <http://www.heysigmund.com> <http://www.the-positive-parenting-centre.com>

Veronica Sandall – School Counsellor (Weeks 3, 6 and 9)



Photos from the Book Fair



Term 2Week 4 Award Recipients

Present in Photo:

Dyshart, Koby, Jaylia, Paikai,
Shauna, Ben, Joseph

Absent:

Mrs Jones, Zahdein, Taiak,
Ashlee

Week 5 Award Recipients

Present in Photo:

Ned, Lilly-Ana, Karla, Syllis,
Ethan, Kade, Matilda, Brendan
All of Year 3, All of Year 5

Absent:

Miss Chelsea, Casey



- **GUITAR CLUB** - Every WEDNESDAY after school. You will need your own guitar but please see Mrs Osborne if you are keen and do not have access.
- **WANTED** - Guitars-Acoustic or Classical, full size or $\frac{3}{4}$ or $\frac{1}{2}$ size. If you have one at home gathering dust and wish to make more space at home-why not donate it to Our Lady of the Sacred Heart students to put to good use.
- **SENIOR CHOIR** - Every Tuesday at first break in the church. All years 2-6 students who are interested in singing are welcome.

School Counsellor Visits

Veronica Sandall is the Our Lady of the Sacred Heart School Counsellor and is available for contact via email or through the school office.

Her email address is:
vsandall@cns.catholic.edu.au

She visits this school every three weeks and her next visit is Week 9.

Skoolbag 
Complete communication solution

Skoolbag is one of the ways the school communicates with families. It allows the school to send through push notifications or emails (to subscribers) with urgent information or just reminders to school events. The newsletters are also available on Skoolbag.

Another benefit of Skoolbag is that you can notify the school of your child's absence via eForms.

It is a free app available on smartphones or tablets.

Skoolbag information can also be viewed through our OLSH webpage at www.olsh.qld.edu.au.

Instructions on how to install Skoolbag onto your device can be obtained from the office.

Sport News



AFL will be visiting our school during our lunch breaks over the next few weeks and students are able to all take part in the activities that they are running. They are also running Auskick at Tagai so if you would like further information about that please see Patty in the office, she has the Information.



AFL Auskick is here!

Registrations still available.

Contact the AFL Clinic Co-Ordinator
Greg Walker on 0488 789 282
for registrations

Please Note: Online Registrations are not working at the moment.



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Teaching skills and Positive Behaviour Support Plans workshop

For Direct Support Staff, Inclusion Support Teachers, Teacher Aides, Family Members

Brief description: Gain an understanding of how different people learn. Discover strategies that can be used to teach skills to people with disabilities.

Find out what's in a Positive Behaviour Support Plan and why, with opportunity to develop protocols on how to teach skills

When: Thursday 2nd June

1:00 am – 5:00 pm

Where: Community Wellness Centre Thursday Island (to be confirmed)

Contact: Rae Woibo 4069 6745 or

Sylvia Whittaker on 4069 2829

Do you want to know how you can
help your child develop a positive
mind frame for learning?



Parent Sessions are being offered on **Monday 23rd May**

At **1.45pm to 3pm**
and **5pm to 6.15pm**



Presented by Luke McKenna and Hogan Rogers

Please notify the school office on 4069 2203 of which session you are attending.

These parent sessions are appropriate for parents with children of all ages



Congratulations

Mrs Christine Benjamin
on 25 Years in the IEU